

SUNSET ELEMENTARY SCHOOL

When to Keep Your Child Home from School

Communicable Disease Guidelines for the Issaquah School District



KEEP YOUR CHILD HOME IF HE/SHE HAS ANY OF THESE SYMPTOMS:

(If these symptoms appear at school, you will be called and asked to pick up your child in a timely manner)

Fever - over 100 degrees F. orally. Temperature should remain normal (98.6 degrees) for 24 hours before returning to school

Sore throat - especially if associated with fever or swollen glands

Vomiting - within the past 24 hours

Diarrhea - more than one occurrence in a 24 hour period

Drainage from the eye -the eye crusted and difficult to open (especially upon waking)

Nasal discharge (yellow or greenish) -If your child's nasal mucus has a color and is accompanied by a fever and/or coughing, sneezing, drowsiness, and general signs of not feeling well, your child may be contagious and should remain at home until the symptoms subside. Call your doctor if you have any concerns or questions.

Appearance/Behavior - unusually tired, pale, lack of appetite, difficult to wake, confused

Rash - body rashes not associated with heat, or allergic reactions to medications

Head lice -contact school nurse if any indication of head lice or nits; we have a procedure to check students back into the classroom after being treated at home

**** VERY IMPORTANT** - Remember to keep the school updated with new phone numbers and emergency contacts in case your student becomes ill at school. Any questions please call Jeri Cress, Sunset Nurse at 837-5621

The most important thing you can do to prevent illness is for you and your child to wash your hands often with warm water and soap.